



Community Counseling of Bristol County, Inc. (CCBC) is a comprehensive non-profit behavioral health agency.

The Elder Mobile Outreach Team (EMOT) is funded, in part, by a grant from Bristol Elder Services, Inc., through contracts with the Massachusetts Executive Office of Elder Affairs.

The primary referral sources for the Elder Mobile Outreach Team are Bristol Elder Services and the local Councils on Aging. Please contact either of these entities to initiate the referral process.

The telephone number for **Bristol Elder Services** is:

(508) 675-2101

Persons aged 65 and older have the highest rates of suicide.

Undiagnosed and untreated depression is a significant contributing factor for elderly suicide. Other risk factors for suicide in the elderly include:

- **The recent death of a loved one;**
- **Physical illness, disability and pain;**
- **Increased alcohol or prescription drug use;**
- **Failure to take care of self or follow medical orders;**
- **Stockpiling medications;**
- **Sudden interest in firearms;**
- **Social withdrawal or elaborate goodbyes;**
- **A rush to complete or to revise a will.**

For 24/7 help, call:

Samaritans:
(800) 252-8336 &
(877) 870-4673

Suicide Prevention:
(800) 273-8255



Elder Mobile Outreach Team

"I define connections as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship." Brene Brown



The **Elder Mobile Outreach Team** consists of a psychiatrist, two licensed therapists, a psychiatric nurse and an elder peer bridger.

Services provided by the Elder Mobile Outreach Team include:

- **In-Home Counseling;**
- **Mental Status Evaluations;**
- **Medication Management (if indicated); and**
- **Peer Bridging Support.**

For more information about our program, please contact:

The Elder Mobile Outreach Team

1 Washington Street
Taunton, MA 02780
Tel: (508) 977-8085
Fax: (508) 880-7114



If you or someone you know is age 60 or over and has experienced changes or losses associated with aging, they may benefit from the services offered by the **Elder Mobile Outreach Team**.

If you are experiencing symptoms of depression and/or anxiety, the **Elder Mobile Outreach Team** can help. Symptoms of depression and/or anxiety can include:

- **Sadness**
- **Constant worry**
- **Loss of interest in activities formerly enjoyed**
- **Fatigue**
- **Social Isolation**
- **Irritability**
- **Medication and/or substance abuse**

These symptoms are not part of the normal aging process and they can be actively addressed!

Call Bristol Elder Services or your local Council on Aging to start the referral process.

The **Elder Mobile Outreach Team** provides services to the following communities:

North Attleboro, Attleboro, Taunton, Seekonk, Norton, Mansfield, Rehoboth, Raynham Berkley and Dighton.

Please contact **Bristol Elder Services** at: (508) 675-2101 or your local Council on Aging to initiate the referral process.

